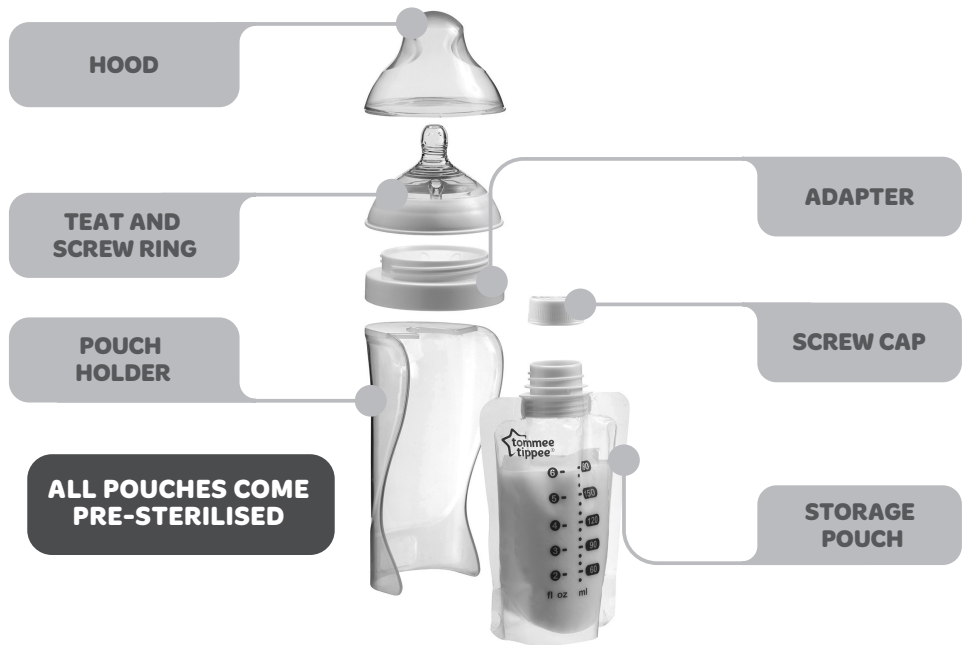




*express and Go*

Pouch Bottle and Pouch  
INSTRUCTIONS FOR USE



## For your child's safety and health

### WARNING!

Always use this product with adult supervision. Accidents have occurred when babies have been left alone with drinking equipment due to the baby falling or if the product has disassembled.

Never use feeding teats as a soother

Continuous and prolonged sucking of fluids will cause tooth decay. Tooth decay in young children can occur even when non-sweetened fluids are used.

This can occur if the baby is allowed to use the bottle for long periods through the day and particularly through the night, when saliva flow is reduced or if it is used as a soother.

Always check food temperature before feeding.

Remember, never heat milk in a microwave and never boil breast milk as this will destroy valuable nutrients in the milk. These methods can create localised hot spots.

### CLEANING AND STERILISATION

(For all components **except** pouches)

Before first use place all components with the exception of the storage bags in boiling water for 5 minutes. This is to ensure hygiene.

Before first use, clean the product.

Clean before each use.

Always wash the product immediately after use.

Wash in warm soapy water and rinse in clean water or use a dishwasher (Top shelf only). Do not clean with solvents or harsh chemicals.

Do not allow product to come into contact with oil based foods (e.g. oil/tomato based sauces) as staining will occur.

Do not turn the teat inside out for cleaning.

Damage could result. Use a teat brush.

Suitable for sterilisation by steam (electric and microwave), boiling or cold water tablet/liquid solution.

### STORAGE AND USE

Inspect before each use and pull the feeding teat in all directions. Throw away at the first signs of damage or weakness.

Do not store with or allow to come into contact with solvents or harsh chemicals.

Keep all components not in use out of reach of children.

Not suitable for microwave or conventional oven.

Do not leave a feeding teat in direct sunlight or heat, or leave in disinfectant ("sterilising solution") for longer than recommended, as this may weaken the teat.

For safety and hygiene reasons it is recommended that the feeding teat is replaced at least every 2 months.

Not suitable for hot or fizzy (carbonated) drinks.

Milk storage pouches are for single use only.

Jackel International Limited trading as Mayborn Group  
Northumberland Business Park West  
Cramlington  
Northumberland  
NE23 7RH, UK

Copyright © Jackel International Limited 2015

Jackel International Limited retains all intellectual property rights to this product and packaging, including all two and three dimensional designs, graphic images, logos and text. Any unauthorised manufacture, publication, reproduction, communication or adaptation of any materials comprised in this product or its packaging is strictly prohibited and may constitute infringement of relevant laws.

Jackel international limited is incorporated in England and Wales under company number 01894022.

TOMMEE TIPPEE and CLOSER TO NATURE are registered trademarks of Jackel International Limited.

[tommeetippee.com](http://tommeetippee.com)

0422470

## 1. CONNECTING STORAGE POUCHES TO BREAST PUMP

Breast milk can be expressed directly in to express and go breast milk pouches using our breast pump adapters



1  
Select the relevant adapter for the brand of breast pump you are using



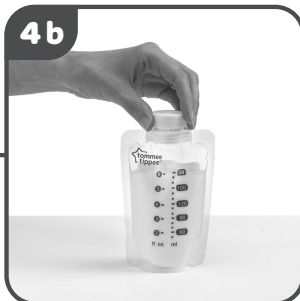
2  
Screw the adapter on to your breast pump



3  
Attach the pouch to the pump/adapter and express. Keep the pouch cap in a clean safe place so it can be replaced after expressing



4 a  
Once you have finished expressing or when the pouch is full, unscrew from the pump and replace the screw cap



5  
Pouches should be marked and dated for reference using a soft tipped marker so as not to damage the bag. Depending on how the milk freezes in the bag, you may not get an accurate read so we recommend recording the volume expressed in the 'notes' section

**DISASSEMBLE THE REST OF THE UNIT AND STERILISE ALL PARTS AS PER MANUFACTURERS GUIDELINES**

## 2. ASSEMBLING THE POUCH HOLDER

Ensure all pouch holder and teat parts have been washed and sterilised as per guidelines before use



1  
Leaving hood on teat, attach to screw ring adapter



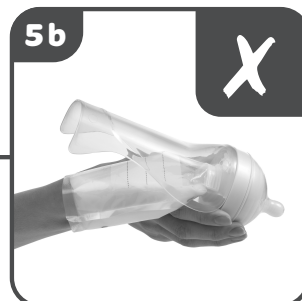
2  
Place pouch in to the holder and click in to place. Ensure the measurement markings are facing outwards - remove screw cap once in place



3  
Screw the assembled ring and teat to the pouch and holder



4  
The pouch bottle is now ready to use



5 a  
When ready to feed, remove hood. Always ensure the pouch is upward facing. Once feed is finished dispose of pouch and wash/sterilise all other parts as per manufacturers guidelines